

Start Local, Stay Vocal

Justice Choir Songbook, Volume 1

Made Possible by Westminster Presbyterian Church, Minneapolis

justicechoir.org



## Start Local, Stay Vocal

#### Vision

Justice Choir isn't actually one choir. It's a template for bringing local communities together to inspire strength, unity, and policy change in situations that demand social, economic, and environmental justice, and for amplifying that message peacefully, on the local and national level, through singing.

Justice Choir is constructed around two ideas:

## 1. The Justice Choir Songbook:

What you are holding now is a downloadable resource of new (and newly-arranged) protest songs created for the issues of our time. This resource is accessible free of charge to people everywhere – not only to choirs, but also to families, congregations, classrooms, and other organizations working for change.

## 2. Singers in Local Chapters:

Chapter choirs are the living, breathing embodiment of the Songbook, as well as other repertoire for justice. Their programming and message revolve around local issues and urgency of current events. They are nimble enough to respond "pop-up" style to issues in their local communities: singing at marches, rallies, houses of worship, or anywhere a marginalized sector is needing a bigger voice.

#### Team

**Abbie Betinis** – composer & publisher (St Paul, MN)

Executive Director and Songbook Co-Editor

**Ahmed Anzaldúa** – conductor & pianist (Chihuahua, Mexico)

Songbook Co-Editor

**Tesfa Wondemagegnehu** – conductor & composer (Minneapolis, MN)

Justice Choir-Twin Cities Chapter Head and Songbook Co-Editor

### Get Involved

Sign up to receive emails from Justice Choir about ways to make change through singing: <a href="https://www.justicechoir.org">www.justicechoir.org</a>

### Follow Us

Facebook: @JusticeChoir Twitter: @JusticeChoirALL

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## Foreword

Westminster Presbyterian Church in downtown Minneapolis is pleased to sponsor the Justice Choir Songbook and the country's charter chapter, Justice Choir – Twin Cities. Most of the pieces in the Justice Choir Songbook are new. They were composed and written by people from across this land and curated and co-edited by Abbie Betinis, Ahmed Anzaldua, and Tesfa Wondemagegnehu. We are grateful for their commitment. They are helping us sing toward the time when all will live in a just, peaceful, and sustainable world.

At Westminster, our Christian faith calls us to seek justice, to advocate for the full inclusion of all God's children, to work for racial and economic equity, and to protect the earth. We sing because in the human voice the sound of a better tomorrow can be heard. The old ways of exclusion and disparity begin to give way and our hearts swell with hope.

The longing for a just and peaceful world is not limited to any one religious tradition or practice. People of faith and goodwill everywhere want to build a new future. Westminster invites you to join the movement for justice wherever you live. There are others who will work with you. Together we can transform the world.

A friend of mine who lives under an oppressive regime in another land once said to me that those who rule them can take away economic opportunity and political and civil rights and freedom of movement, but they can never take away their art. For them, dance and poetry, painting and song have become ways to resist.

That's also why we sing for justice: no matter the circumstances we can always sing, and when we sing we create community and animate courage...and the world begins to change.

We invite you to join us in singing and working for that day of justice – and to share this music with others.

Tim Hart-Andersen Pastor Westminster Presbyterian Church Minneapolis, Minnesota Westminstermpls.org

June 2017



## Background, Process, and Vision

On Jan 21, 2017, my husband and I – he in his pink suspenders and I in my hat – were marching with our neighbors to the St. Paul Capitol. We were frightened and angry. We were determined and resilient. Signs all around us read, "Raising our voices for equality!" and "Hear us!" and "A little bit louder now!" Perhaps it was the Minnesota winter, but apart from a few brave souls who started a few chants, and a small group of similarlyaged youngsters trying to lead a few songs which the rest of us didn't know, the march was largely quiet. It wasn't that emotions weren't high. They were hopeful and rising. The many faces around us showed years of stories. We enthusiastically pumped our homemade signs up and down John Ireland Boulevard but largely kept to the groups we arrived in. I came home energized, but thinking something was missing. How could we, here in Minnesota, "choral country" no less, have missed an opportunity to channel our hopes and fears into a focused vocal message? Why didn't I try to get something going there in the crowd? As a singer and composer, I've made music my whole life, and I know, for me, that music is the place where emotion meets action. I know from what I've learned about the Civil Rights era (the previous Civil Rights era) how lyrics can focus a message in a song like We Shall Overcome (I recently heard for the first time a rare 1964 recording of my grandfather – who helped organize massive Civil Rights rallies in Los Angeles – singing We Shall Overcome next to Martin Luther King Jr.). I know from growing up in the '80s how the simple slap/slap/clap pattern of We Will Rock You can instantly transform a vicious lunchroom into a whole cafeteria of "cool" (or so it felt). I learned from singing rounds with my family on long car trips how the lattice-work of a canon – where a melody becomes its own harmony – is actually the sound of loved ones quietly saying to each other through song: I'm here for you, I'll hold you up.

When was the last time you sang in a huge crowd of people? At a sporting event? At church? Maybe in a choir? I find that coming together to sing beloved songs, at its best, is rarely just about whatever particular song... the lyrics, the tune... is being sung at the moment. For me, it's about the individual stories that make up a million memories which fly by as I sing... my grandmother squeezing my hand in the pew, the smell of hops in that basement bar, feeling the rain come down while we cried and belted *I Will Always Love You*. Looking around a room where people are singing cherished songs together, it's incredible to think of all the little moments, the other voices, the lifetime of mental associations that might be going through peoples' minds.

So what happens if a country doesn't share a singing repertoire anymore? Through this project I've had the opportunity to ask a lot of questions of folks: what songs do you remember singing at home? with friends? in school? Though not exactly a scientific study, I learned some surprising things. (For example, not one of my college students has ever heard *Home on the Range*!) I learned that the younger people I talked with had highly individualized listening habits, and eclectic tastes, usually preferring to listen to different music than even their peers in the same household or dorm room. Older friends had a lot more shared songs and lyrics they could sing together. But the way they sang them seemed to me to be fixed in the grooves of the record they remembered – etched in their world of the 50s, or 70s... 90s even. As I looked in on their memories of singing together, the songs appeared as a tinted reflection of the struggles of a different time.

This is partly why I felt so compelled to explore the new songs being created today. For a whole generation of people in this country, protest songs carry a world of memories. Rather than try to replace what those great, timeless songs mean to people (myself included), I see these new songs of protest and solidarity as an experiment in coming together with vulnerability, with no sacred ties, no important memories to clutch to the chest, and no levels of experience. These songs are new to all of us, and that gives us a beautiful chance to open our ears and open our eyes, to look at our neighbor singing next to us, to really see them there, and to try this together.

Pete Seeger said, "Get people to sing together, and they'll act together too." Inspired, I posted my query to social media: "What songs did you sing at the Women's March today?" Answers came pouring in from around the country. Composer Andrea Ramsey said she had started improvising songs right then and there, and people had started to join in with her while they marched. "Will you send them to me?" I asked. Tesfa Wondemagegnehu



sent me an urgent note, wondering if Andrea and I might be thinking about a songbook – yes, I said, we are. By chance, his church had already announced the formation of something called Justice Choir, which he would lead, and they needed songs.

The three of us put out an open Call for Songs – seeking new songs of struggle, solidarity, justice, equality, peace and protest. In just a few weeks, with the help of some incredibly well-connected friends who spread the word, we had received nearly 150 entries from around the USA, England, Germany, Scotland, and Mexico. With the help of more generous friends, we organized small social events to sing through the songs together to try them out. I met my friend Ahmed Anzaldúa, a pianist and conductor, at a pub in St Paul and we practiced teaching some of the songs to strangers. Tesfa and I logged long hours scheming about the structure of the Justice Choir venture. What could we do with a new songbook? What were we trying to solve exactly?

"We need to come together," Tesfa said. "Like a truce?" I asked. "No, no," he said, "we need to LISTEN to each other. We need to ask the tough questions. This can't be partisan, this needs to be EVERYBODY. This needs to be about trust, and love, and also about fear... there's real, true, vulnerability in our city right now. We have got to have a place where we can 'go there' emotionally. A relatively safe place to venture into vulnerable territory and HAVE THAT CONVERSATION. This won't work if we're literally preaching to the choir."

A few days later, Ahmed, Tesfa, and I were singing through each song submission. I was often surprised by which melodies rang true for one or two of us but not for all, or by which lyrics raised red flags, or carried deep-seated baggage, however well-meaning. As we worked, I was surprised by how easily our singing would turn into discussions on race, wealth, gender, citizenship, appropriation, survivorship, identity, immigration, faith, gun violence, privilege, peace-making, and the role of art. These conversations have forever changed me.

Once we pared down the submissions to 60, we asked an outside jury to make the final cut. They determined the 43 you see before you here: almost all new songs – and a few familiar ones in new arrangements too.

Tesfa, Ahmed and I – along with the many friends who have helped us on this journey and lent us their valuable time, candid opinions, and huge hearts – and the generous and creative songwriters who have entrusted us with their ideas and talents... all of us hope you'll make this Songbook your own. We hope you'll find ways to connect to these songs through your own stories and experiences, and make them personal. At the same time, we're guessing that not every word or phrase in every song will resonate with every person. And we think that's okay. In fact, we hope you'll take those songs especially into your community and use them to spark the important conversations that need to be had.

Perhaps we'll come to something of a new shared repertoire as we sing these songs far and wide, or perhaps they are just for this moment. Either way, in these 43 songs, we see a place to come together to start a conversation, to shout and sing about some of the issues on people's minds today. Some are hard to get out; they strike deep and don't let go. Some are fun and energizing and might make you want to dance! Or march! For me, this is the crux of music's power: where emotion meets action. There are no passive listeners here. These songs are meant to be sung together.

The noted theologian and scholar, Otis Moss III, a recent guest lecturer at Westminster Presbyterian Church, says that "we can build our beloved community by looking to include our most vulnerable." Our hope is that the Justice Choir Songbook allows for all who desire to sing for justice, all who hunger and thirst for a beloved community, to have a resource available to help begin the conversation. This alone isn't the solution, but it could be the beginning of the dialogue.

Abbie Betinis Executive Director, Justice Choir



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## Justice Choir Songbook, Vol. 1

## Songbook Co-Editors:

Abbie Betinis, Ahmed Anzaldúa, Tesfa Wondemagegnehu

**Engraver:** J. David Moore

Justice Choir Songbook, Volume 1

## Made Possible by:

Westminster Presbyterian Church, Minneapolis

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## **Special Thanks:**

Andrea Ramsey, Betty Tisel, Creative Commons, Rev. Daniel Vigilante, Emily and John Betinis, Eric Bartlett, David Ostenso Moore, Jane Ramseyer Miller, Jennifer Anderson, Jordon Moses, Lucy Hiestand, Lynnette Simpson, Rev. Meghan K. Gage-Finn, Dr. Melanie Ohnstad, Michelle Bendett, Mike Engelhardt, PJ Minton, Tom Pease, Terresa Hardaway, Rev. Dr. Timothy Hart-Andersen, the generous songwriters and arrangers, and, of course, to Westminster Presbyterian Church, Minneapolis, who made it possible.



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Justice Choir Songbook, Volume 1

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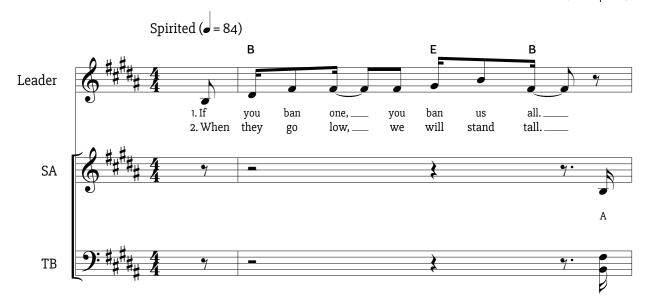
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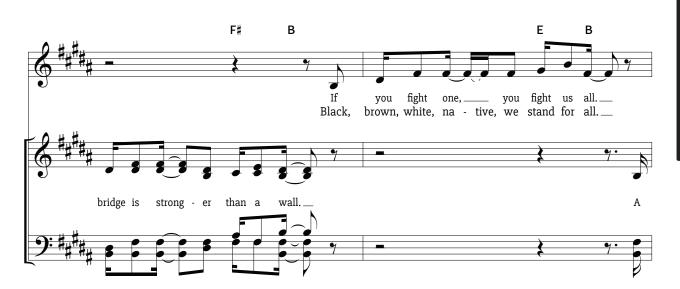
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## 1. A Bridge is Stronger Than a Wall

Words & Music by Emily Feld St. Paul, MN | 2017

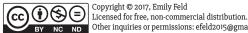


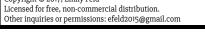


## Performance Suggestions:

- · Clap and/or stomp.
- · Add guitar and/or percussion.
- Experiment with different tempos.
- · Create your own verses.











## 2. Ain't Gonna Let Nobody Turn Me 'Round



- 2. Ain't gonna let segregation turn me 'round...
- 3. Ain't gonna let racism turn me 'round...
- 4. Ain't gonna let no hatred turn me 'round...
- 5. Ain't gonna let nobody turn me 'round...



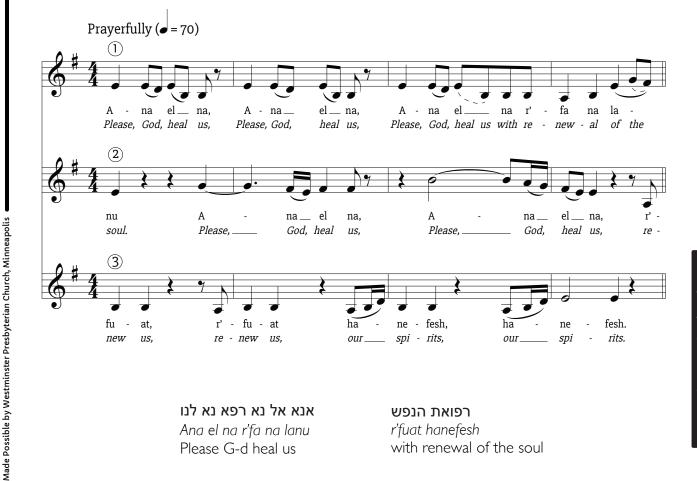


## 3. Ana El Na (Please, G-d, Heal Us)

a canon in 3 parts

Traditional Hebrew prayer; adapt. Karen Siegel, 2017\*

Music traditional/Karen Siegel Hoboken, NJ | 2017



אנא אל נא רפא נא לנו

Ana el na r'fa na lanu Please G-d heal us

רפואת הנפש

r'fuat hanefesh with renewal of the soul

#### From Karen:

I sing the first three measures of "Ana El Na" with my synagogue congregation on Shabbat mornings with the traditional words "r'fa na la" ("heal her") from Moses' prayer for his sister Miriam. Our congregation traditionally sings it repetitively while the rabbi recites the "Mi sheibeirach" prayer, a traditional prayer for those who are ill, which includes a plea for both physical and spiritual healing.

I have adapted the "Ana el na" prayer, adding text referring to spiritual healing from the "Mi sheibeirach" prayer, and directing it towards all of us. The text of this song is therefore a prayer for the healing of all of our minds and hearts.

In a time of so much hatred, I have been thinking of the need for emotional healing, especially for those who feel the urge to lash out with words or physical violence. I adapted this prayer and expanded the song with this in mind.

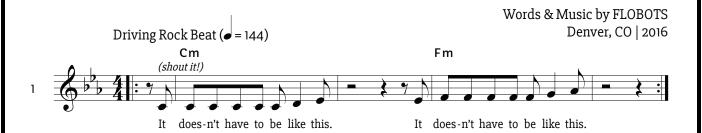
\* Translation by Karen Siegel, Jenny Labendz, and Rabbi Robert Scheinberg

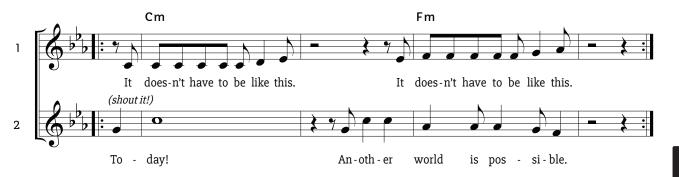






## 4. Another World Is Possible







## Performance Instructions (as performed by FLOBOTS):

- 1) Divide the crowd in half.
- 2) Teach half the crowd Part 1, and the other half Part 2.
- 3) When they're confident singing them together, have a small group shout Part 3 from the stage.

...or try any way you like!

### From Jamie Laurie, of FLOBOTS:

Drawing from the popular slogan from the global justice movement, "Another World is Possible," this song calls us to breathe life into visions of the world as it could be.





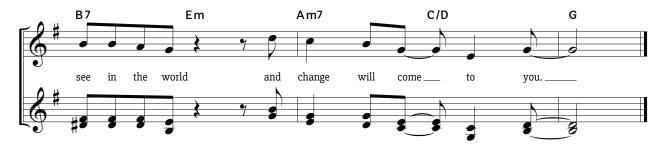


Words adapted from Gandhi (attr.)

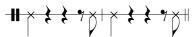
Music by Marc Kaplan and Colin Britt Jersey City, NJ | 2010







Rhythm for hand taps on heart:



## Suggested percussion groove:



## Performance Suggestions:

- 1) Start with soloist accompanied by minimal percussion (hand taps on heart, djembe, etc.).
- 2) Repeat with everyone in unison.
- 3) Add harmony, SSA or SATB with bass doubling melody, accompanied by piano or guitar and percussion ad lib.

## Lyric Suggestions:

- Be the **hope** you want to **see** in the world... and change will come to you.
- Be the **song** you want to **sing** in the world... and change will come to you.
- Be the **light** you want to **shine** in the world... and change will come to you.

...or anything else that works for your group!









## 6. Bend the Arc





Dm/F C

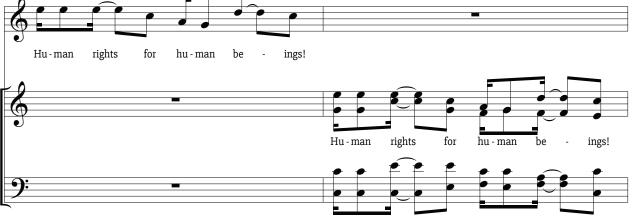


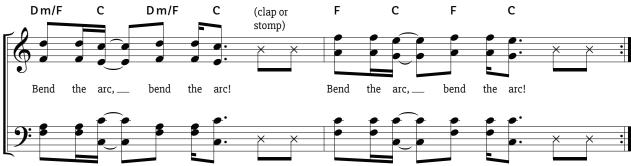


C

C

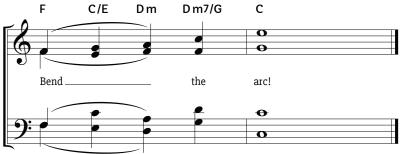
Dm







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### Wendi writes:

These were the words I put on my sign for the Women's March on Washington (Jan 21, 2017), and the tune followed.







## 7. Chorus from "One"





Made Possible by Westminster Presbyterian Church, Minneapolis



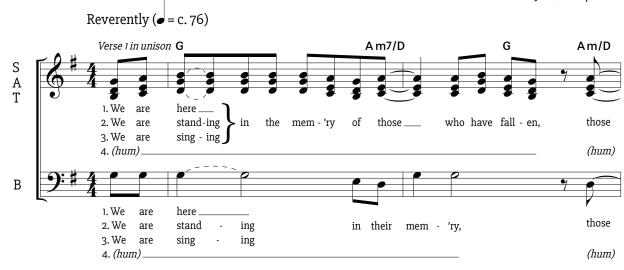
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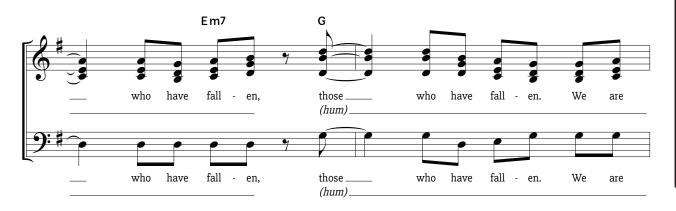


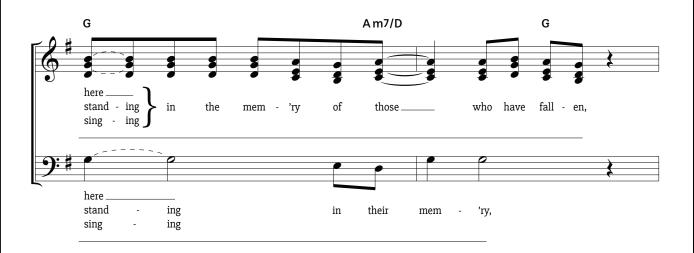
## 8. Courage to Be Who We Are

in memory of Gwen Araujo

Words & Music by Ruth Huber San Jose, CA | 2004



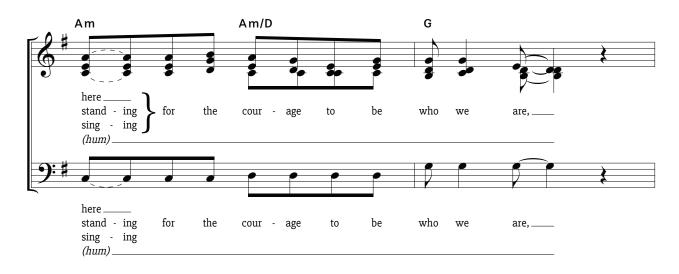


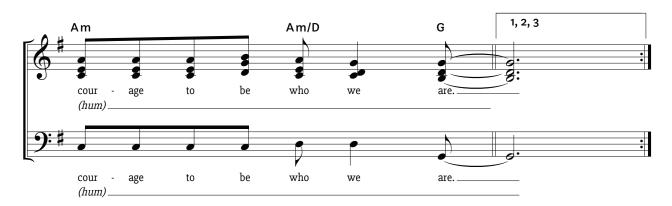


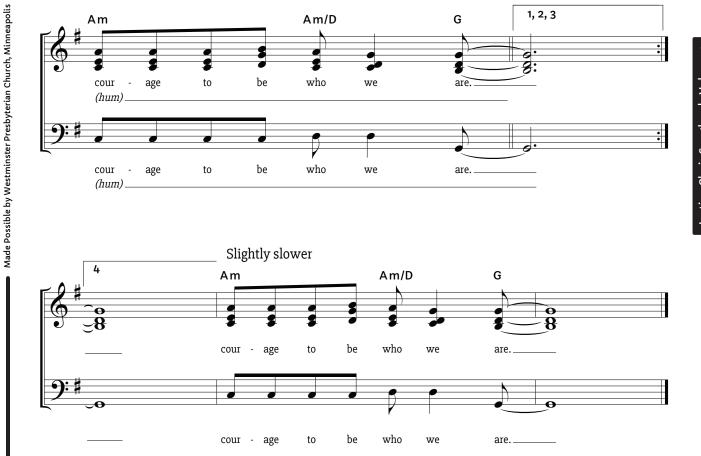




## 8. Courage to Be Who We Are - pg. 2







#### Ruth writes:

"Courage to Be Who We Are was written to commemorate the life of Gwen Amber Rose Araujo and to celebrate the lives of beautiful and courageous trans people everywhere."

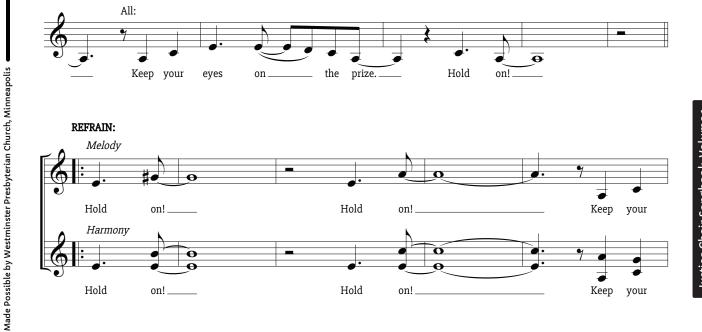




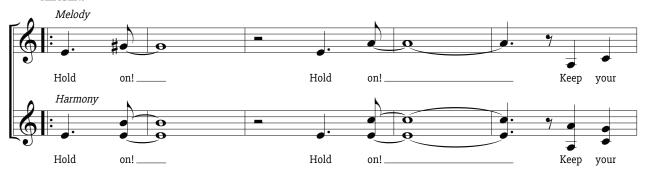
African-American Spiritual transc. by Justice Choir, 2017

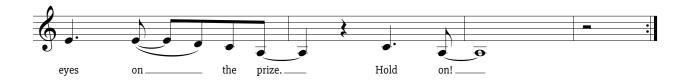
VERSES:





#### REFRAIN:





### **Alternate Lyrics:**

- 3. Only chains that we can stand, Are the chains of hand in hand. Keep your eyes...
- 4. We're gon' board that big Greyhound, Carryin' love from town to town. Keep your eyes...
- 5. When united it is clear, We don't have to live in fear. Keep your eyes... (from Peter "Madcat" Ruth)
- 6. Building walls and spreading hate, Will not make this country great. Keep your eyes... (from Laz Slomovits)

### Performance Suggestions:

- This is a classic "zipper" song. Make up your own lyrics for the Verses.
- · Vocal improvisation is encouraged, especially on the Refrain.

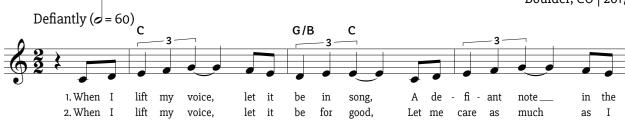


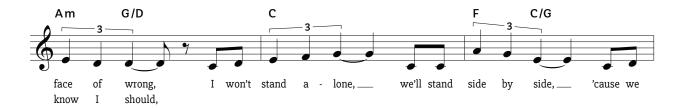


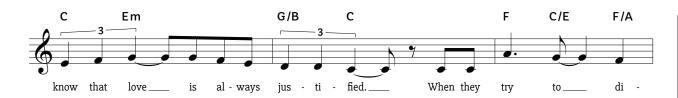


## 10. I Lift My Voice

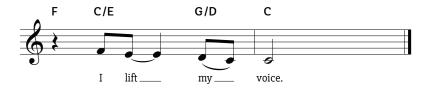
Words & Music by Andrea Ramsey Boulder, CO | 2017











### Andrea writes:

"I was inspired by the line 'with glad defiance in my throat, I pierce the darkness with a note' from James Weldon Johnson's poem, *The Gift to Sing*, and I created this tune in hopes of acknowledging the power of music and the importance of community in pursuing justice and unity."

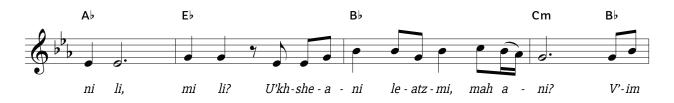


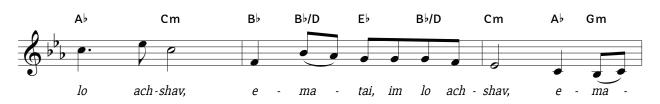


# 11. If Not Now, When?

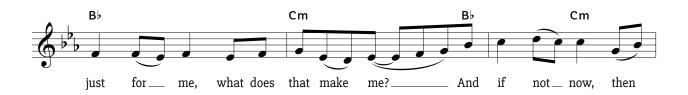
Words by Pirkei Avot (Hebrew) Translated and adapted by Arielle Korman Music by Arielle and Jerome Korman New York, NY | 2017







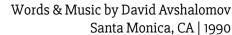


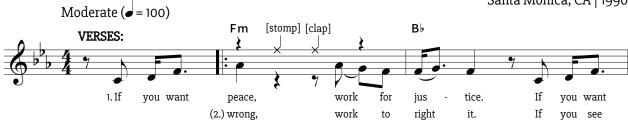






# 12. If You Want Peace (Work for Justice)













### Lyric Suggestions for Verses: (or make up your own)

- 3. If someone's down, help them up now (3x) Start at home, start right now.
- 4. Instead of force, cooperation. (3x) Start at home, start right now.
- 5. If you hear lies, sing the truth back. (3x) Start at home, start right now.

#### David writes:

"I have been concerned about social justice most of my life, and I saw this slogan on a protest march sign during the Civil Rights movement. It struck me that it needed a simple call and response tune, so I made one for folks to use."







## 13. Intro to "Fight with Tools"



### Performance Suggestion:

• Repeat the verse while part of the group continues chanting.

Denver's innovative 303 Choir provides 6th-12th graders opportunities to collaborate and perform with Denver metro artists. When Emma Bechler, a founding 303 Choir member, learned she'd be sharing the stage with hip-hop group FLOBOTS, she was inspired to write this introduction to their song "Fight with Tools." In Jan 2017, FLOBOTS, 303 Choir, and Emma (at the piano) gave the premiere.

In FLOBOTS' song, off their 2007 debut album, the "Fight with, fight with..." chant is heard under these lyrics: We need heroes / Build them/Don't put your fist up/Fill them/Fight with our hopes and our hearts and our hands/We're the architects of our last stand.







## 14. Liberty and Justice For All



#### Performance Suggestion:

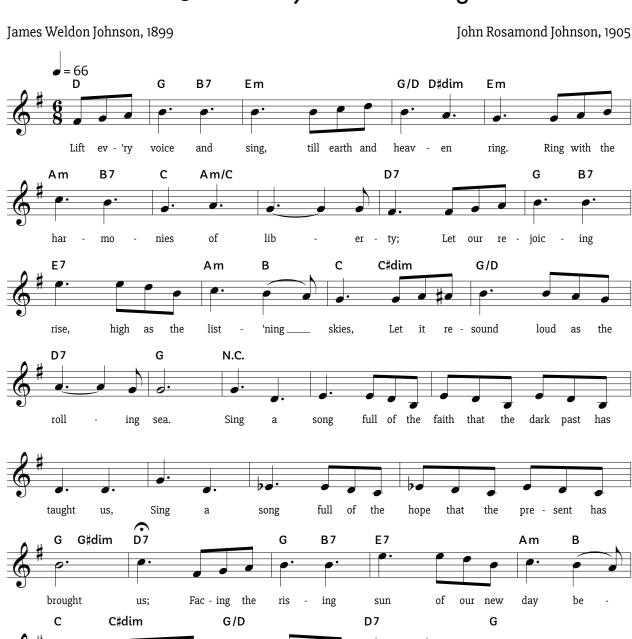
• After you try it in Call & Response, try it in unison by singing only the BIG notes: ("We are frightened, we are angry, we are rising...")

Brandon writes: "The recent demonstrations and marches taking place throughout the country led me to the phrase "liberty and justice for all." Many steadfastly recite this line in the Pledge of Allegiance, but those words ring hollow for many American citizens who find their civil liberties under attack and the scales of justice tipped in favor of the wealthy and powerful. Protests are a small portion of what we must do in order to work toward a nation that truly provides liberty and justice FOR ALL."





## 15. Lift Every Voice and Sing



Tesfa Wondemagegnehu, co-editor, writes:

Let

us

march

on

"Known by many as the Negro National Anthem, "Lift Every Voice and Sing" has stirred souls for over a century. One of the lines that resonates with me the most is, "Sing a song full of the faith that the dark past has taught us..." What has our dark past taught you in your fight for equity and justice?"

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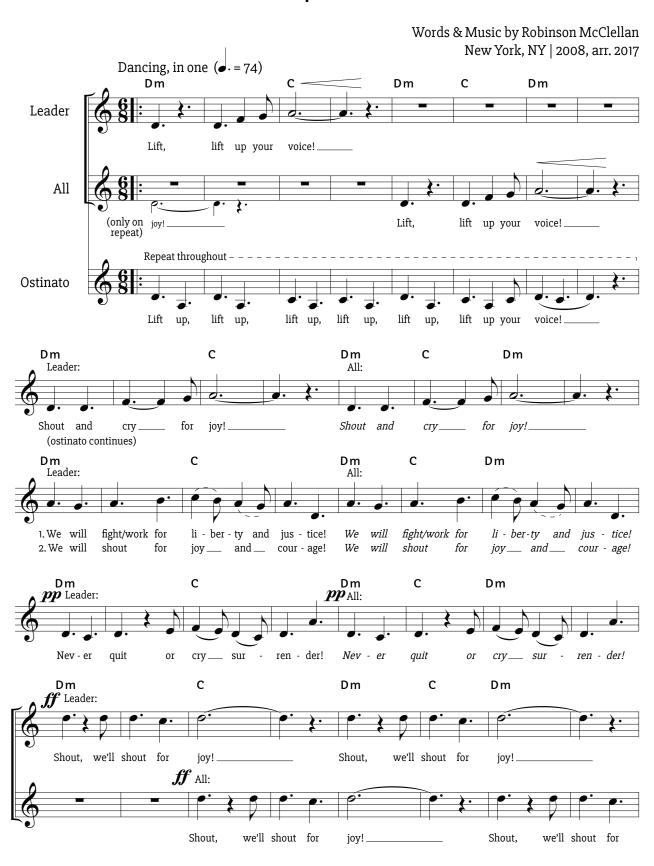


gun,



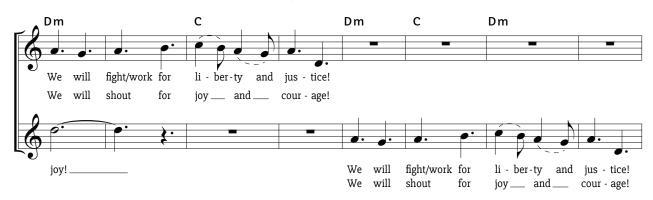


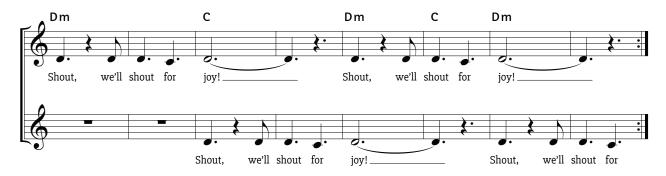
## 16. Lift Up Your Voice

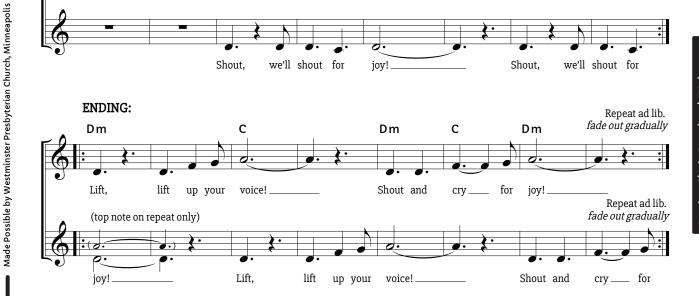












#### Performance Instructions:

- 1) Divide the crowd into two groups: "All" and "Ostinato."
- 2) "Ostinato" group continues throughout the song.
- 3) "All" group echoes the Leader.
- 4) Dance option: tap a heel on every downbeat (8 taps per line): RRLL RLRR.

### From Robinson:

The chord pattern and style are inspired by the Robert ap Huw manuscript of medieval Welsh harp music, which uses binary patterns of ones and zeros, like computer code, to show two-chord patterns.

Welsh patterns tend to use a lot of symmetry and inversion. These patterns make the music easy to remember: if you know the pattern, you know the song! The pattern in this song is 1100 1011.





## 17. Listen to the People



#### John writes:

Made Possible by Westminster Presbyterian Church, Minneapolis

Inspired by an old song celebrating a mighty train, I hope this offering contributes to the voices of the people for justice — may our movement gather steam and power positive social and political change. Power to the people!

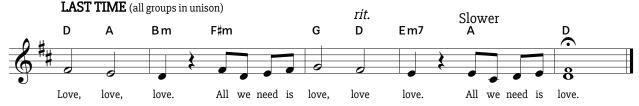




## 18. Love Is Love Is Love

a canon in 3 or 4 parts





## **Performance Instructions:** (or make up your own!)

- 1) Divide canon singers into 2 to 4 groups. Teach an additional group (ex. audience/congregation) the mantra.
- 2) Canon singers sing first three lines in unison; inviting Mantra Group to join in on line ③.
- 3) As Mantra Group repeats, start the canon. (Group 1 begins at ①. At ②, Group 2 begins at beginning, etc.)
- 4) Repeat canon as desired. Then repeat mantra until all groups have finished the canon.
- 5) Last Time is when all groups are in unison on the mantra.

For an accompanied version, try singing this with Pachelbel's Canon in D.

\* from the Liber Usualis (Latin): "where there is charity and love"

This song is dedicated to the victims, and survivors, of the Pulse nightclub tragedy in Orlando on June 12, 2016. Love is often the bravest thing we do. May love prevail.







Words traditional Spanish

trad. African-American Spiritual transc. Justice Choir, 2017









### Lyric Suggestions:

Made Possible by Westminster Presbyterian Church, Minneapolis

This is a classic zipper song. Insert your own lyrics in place of "Unidos en la lucha." For example:

- · "Por nuestros hermanos"
- "United in the struggle"
- "Standing up for [ethics / workers / immigrants]"

## Original English lyrics:

We shall not, we shall not be moved! We shall not, we shall not be moved! Just like a tree that's planted by the water, We shall not be moved!

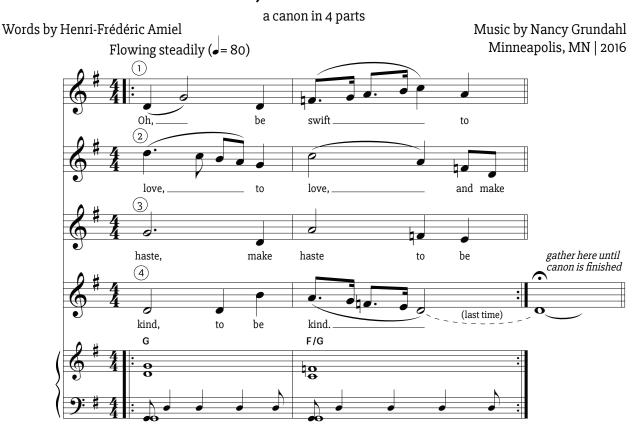
### From Ahmed Anzaldúa, contributing co-editor:

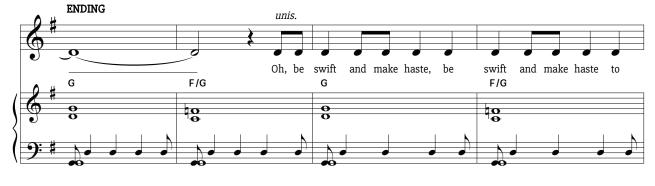
"We Shall Not Be Moved" is sung all throughout the Spanish-speaking world in this version; it's the one I grew up with. "No nos moverán" was an important part of the Chicano movement of the 1960s as well as of the social justice and revolutionary movements across Spain and Latin America.

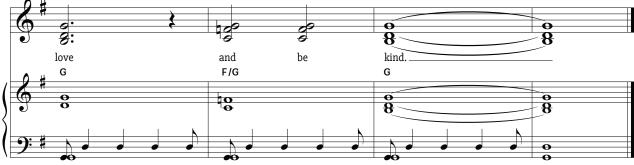




## 20. Oh, Be Swift to Love







### Performance Instructions:

- 1) Start with piano, bring in groups as noted.
- 2) Repeat as desired.

A full score (SSAA) is available from Alliance Publications.

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## From Nancy:

This simple, but profound text spoke to me when it appeared on a Facebook post in summer 2016, during the antagonistic political conventions and following the killing of Philando Castille in our community.

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## 21. Oh, I Woke Up This Morning





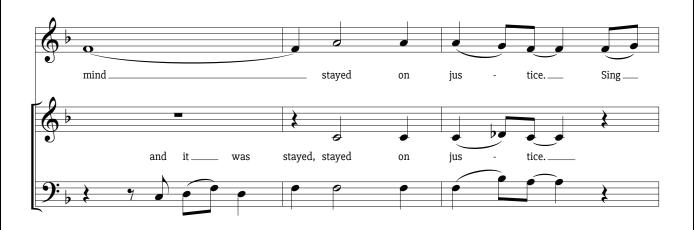
Made Possible by Westminster Presbyterian Church, Minneapolis

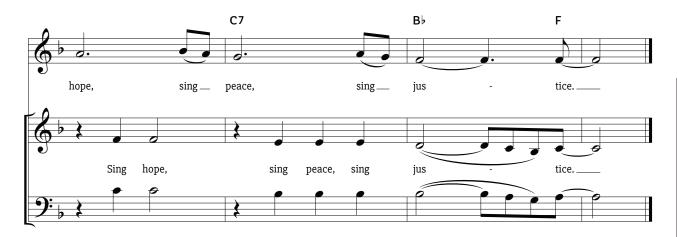
stayed

jus

and it was stayed, \_\_\_\_













## 22. One Foot/Lead with Love



## Performance Suggestions:

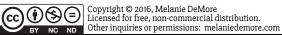
- · Clap and/or stomp.
- · Watch Melanie's YouTube video for inspiration.

#### Melanie writes:

"I was inspired by the great movements that were started out of the love for their people, not out of the hatred of others."









# 23. Please Don't Take My Freedom from Me

Words & Music by D. Jasper Sussman St. Louis, MO | 2017





















#### D. Jasper Sussman writes:

"I have been my mother's caretaker for the past year. This short anthem (dedicated to her) came from my experience empathizing with my mom and from my desire to celebrate the power and beauty that can come from each and every one of us when we look at one another from the perspective of a loving mother."



## 24. Resilience

Words & Music by Abbie Betinis St. Paul, MN | 2017



### Performance Suggestions:

keep

hard to

• Sing Part 1 in unison; keep adding parts one by one. (Or improvise your own parts!)

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still.

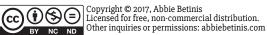
• Sing as a canon (where group 1 continues on line 2, etc.).

go - in' but it's



Made Possible by Westminster Presbyterian Church, Minneapolis







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### 25a. Rise and Stand

unison version



3. I will rise for love and justice that we may see a better day, I will rise in peace and service for our world in disarray, I will rise with all my brothers for all those who cannot stand, I will rise with all our fathers who have lost a home and land.

bit

4. I will rise to build up bridges for this broken world we see, I will tear down walls between us that divide you and me. Brothers, (\* skip to Refrain)

Arianne writes: "I wanted to address some current issues with an easygoing song that was reminiscent of old Civil Rights songs that everyone could hum or sing."

rise.

Editor's Note: It is possible to sing this simultaneously with 25b. harmony version.



Made Possible by Westminster Presbyterian Church, Minneapolis



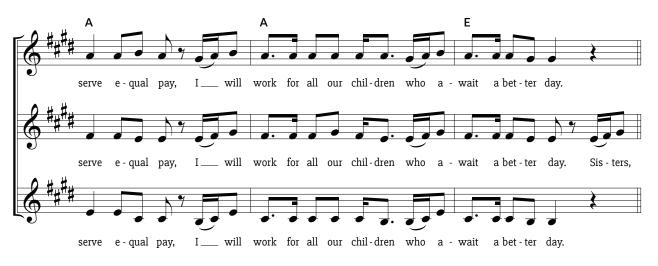
ter

## 25b. Rise and Stand

harmony version\*

Words & Music by Arianne Abela Detroit, MI | 2017





Arianne writes: "I wanted to address some current issues with an easygoing song that was reminiscent of old Civil Rights songs that everyone could hum or sing." \* Editor's Note: It is possible to sing this harmony version simultaneously with the 25a. unison version.



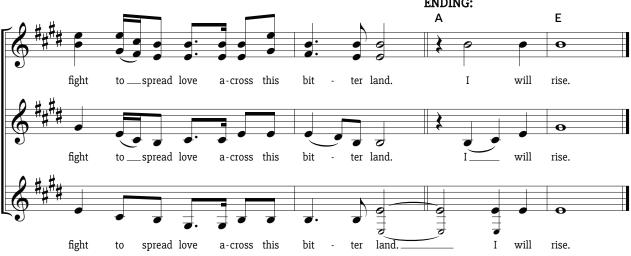
















# 26. Sawubona (I See You)

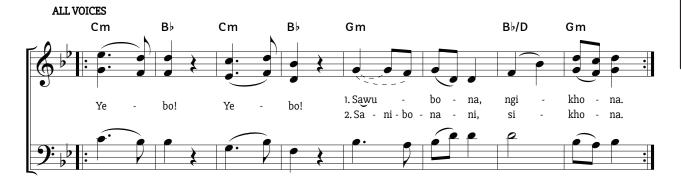
traditional Zulu greeting

Music by Jane Ramseyer Miller Minneapolis, MN | 2012









#### Pronunciation:

Sawubona: "sau - baw - na" ["sau" rhymes with "cow"] I see you (to one person)

"sa - nee - baw - na - nee" Sanibonani:

Ngikhona: "ngi - kaw - na" [like "ng" in "sing"]

Sikhona: "see - kaw - na"

Yebo: "yay-boh"

#### Translation:

I see you (to many people)

I am here

We are here

Yes!



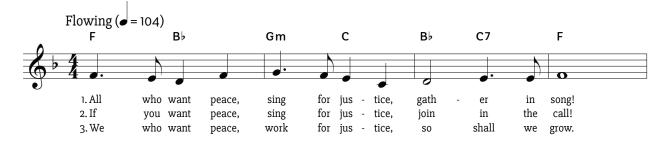


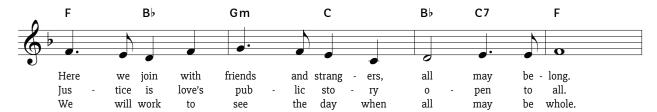


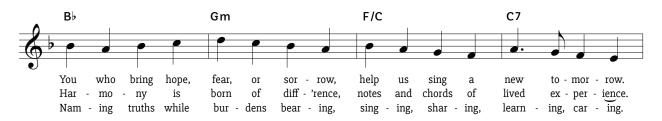


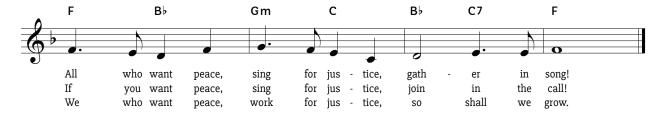
# 27. Sing for Justice

Words by Brennan Blue Minneapolis, MN | 2017 Music: Ar Hyd Y Nos, trad. Welsh









Brennan writes: "This song was inspired by all of those who build peaceful, loving and sustainable community by keeping justice and equity at the heart of their work."

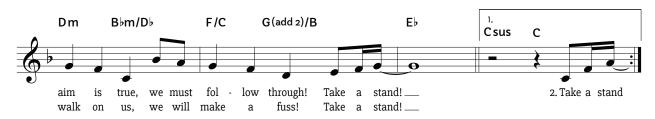




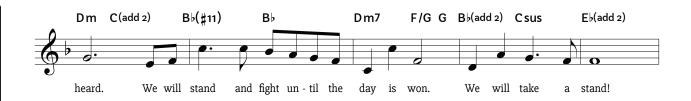
### 28. Take a Stand











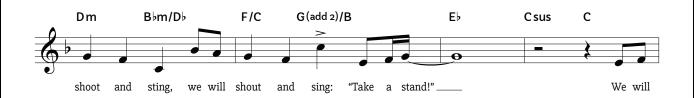






### 28. Take a Stand – pg. 2









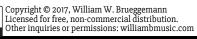


William writes:

"Take A Stand" is about the difference that is made when individuals stand together with love and respect for all people and the courage to face opposition.



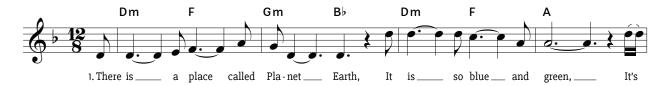


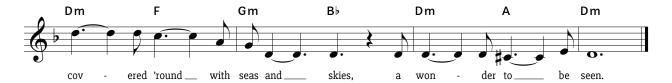




# 29. The Place Called Planet Earth

Words by Sheena Phillips London, UK | 2015 Music: House of the Rising Sun, trad. English





- The long ice ages came and went,
   The dinosaurs they died,
   And then up came the human race
   And spread itself worldwide.
- There came an age of industry,
   When coal and oil were mined,
   And we burned them for their energy
   And work of every kind.
- 4. We drove our cars along the ground, We flew our planes above, We felled the trees and killed the birds And hurt the earth we loved.

- And now the carbon's building up,
   And now the ocean's warm,
   And now we need to turn around
   And cease from doing harm.
- 6. So stop the hunt for fossil fuels, And start on wind and sun, And learn to treasure Planet Earth– For it's our only one.
- 7. There is a place called Planet Earth,It is so blue and green,It's covered 'round with seas and skies:A wonder to be seen.

Sheena writes: "This song was written for a group of young people to sing at the march against Climate Change in London in 2015."







# 30. This Is What Democracy Looks Like



Elizabeth writes: "Basing a song on my favorite protest chant was an irresistible songwriting challenge. I love it that very young children can shout out the numbers."









#### **Performance Suggestions:**

- · Sing part 1 in unison; add parts one by one.
- Sing as a round.
   (where part 1 continues on line 2, etc.)

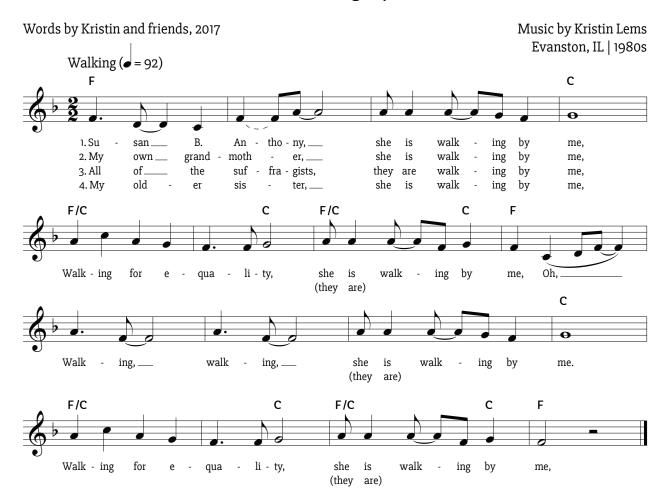
#### Becky writes:

"I imagine the song as an empowering wake-up call, where one person awakens – answering the call – and shares the call with another as the momentum builds to bring together people of all ages and walks of life."

JUSTICE CHOIR.ORG



# 32. Walking by Me



### Performance Suggestions:

- This is a zipper song; make up your own lyrics!
- Try clapping rhythm:

#### Kristin writes:

Made Possible by Westminster Presbyterian Church, Minneapolis

I wrote "Walking by Me" as one of the rally songs for the great women's rights movements of the 1970's and 1980's. Often I was onstage while marchers were either arriving at or moving out of the rally area, and this got them started in their walking!







# 33. We Are Rising Up

Words & Music by Reginald Unterseher Kenniwick, WA | 2017

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Justice Choir Songbook, Volume 1



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#### Lyric Suggestions:

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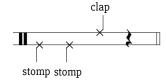
the

world

on

- 4. Truth will set us free today...truth will free our lives.
- 5. We'll fight for our rights today...fighting for our lives.
- 6. We are rolling on today...rolling for our lives. (wheelchair verse)
- 7. We will not give up today...won't give up our lives.
- 8. We are fighting back today...fighting for our lives.
- 9. We'll protect the earth today...earth, the source of life.
- 10. We'll defend the [birds / land / river, etc]...the (thing) for all our lives.
  - ...or anything else that works for your group.
- 11. [Location name]'s staying strong today...strong for all our lives.

Suggested groove ("We Will Rock You"):





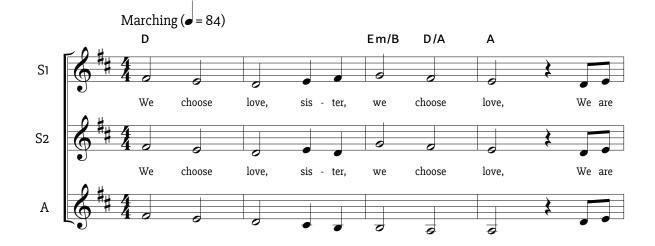


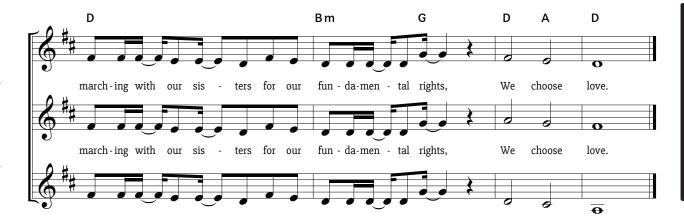


## 34. We Choose Love

Words inspired by signs at the Women's March in Denver, CO, January 21, 2017

Music by Andrea Ramsey Boulder, CO | 2017





#### Performance Suggestions:

- On successive verses, feel free to substitute other words for "sister" (brother, people, children, etc.). A leader may even call out new word choices during the final sustained note.
- · May be performed in unison on the S1 part.

#### Andrea writes:

"During the Women's March in Denver, my friends suggested I create a song for us to sing while marching, so I drew inspiration from the signs around us to create "We Choose Love" and I will never forget how it felt to sing full-throated, walking down the streets of Denver with a spontaneous chorus of other people joining our song."

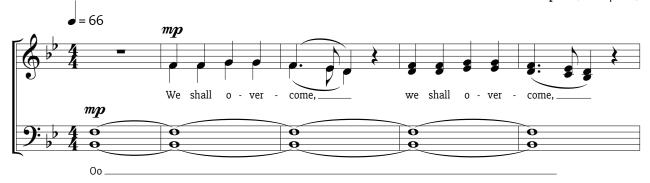


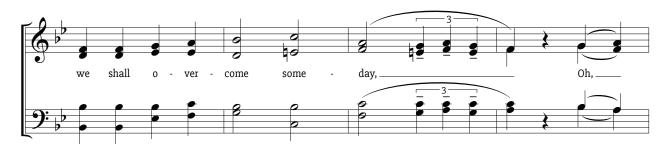


# 35. We Shall Overcome

Words traditional

African-American Spiritual; arr. Tesfa Yohannes Wondemagegnehu Minneapolis, MN | 2017







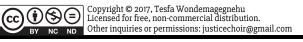


#### Tesfa writes:

"What systemic issues need to be addressed for us to truly overcome? How can we work together as a community to make this happen?"







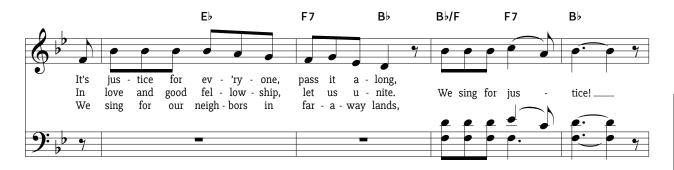


## 36. We Sing For Justice

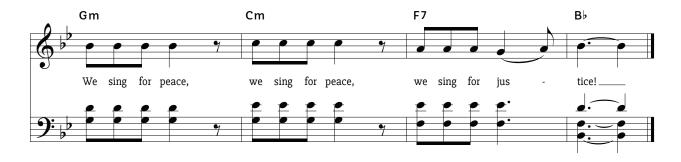
Words adapted by Darrell Goodwin

Music: Vive L'Amour, trad. English; arr. Darrell Goodwin Hungry Horse, MT | 2017









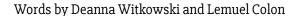
"Vive L'Amour" (or "Vive La Compagnie") has many variations around the world. Its first reference is in England's Traditional Ballads Index (1818), and it was published in the United States in 1844. It has a long history of political uses, including the 19th century Irish version "Ireland Blocks The Way," and a U.S. Confederacy version sung during the American Civil War. Darrell writes: "I fondly remember singing this in college and thought it would make a fun song to adapt for the Justice Choir Songbook."



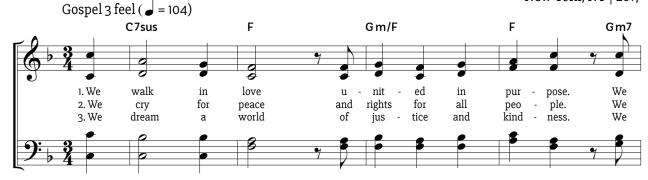


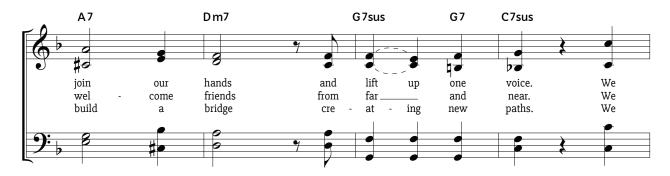


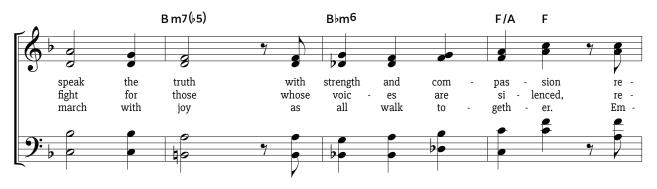
## 37. We Walk in Love

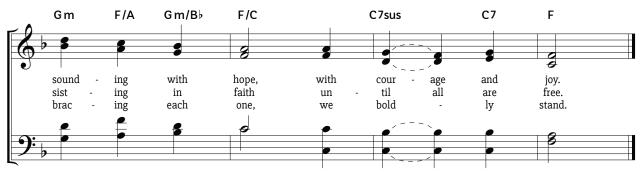


Music by Deanna Witkowski New York, NY | 2017









#### Deanna writes:

"In writing the lyrics, I wanted to include only positive text. I looked at "Lift Every Voice and Sing" for inspiration, and created a list of words. My boyfriend, Lemuel Colon, came up with lyrics in places where I needed some help!"







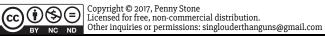


#### Penny writes:

I wrote this song for Protest in Harmony Choir to sing in Scotland as part of the global protests against the election of Donald Trump as President of the USA. It celebrates and encourages the millions of ordinary people working against his poisonous rhetoric and instead reaching out to work together to create a more just world.

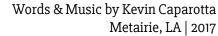




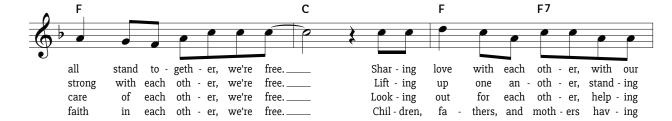


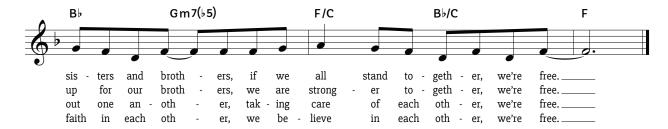


### 39. We're Free









#### Kevin writes:

The inspiration for "We're Free" came from the idea that we can rise above injustice by standing together and by caring for one another, despite our differences.

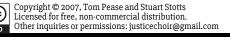




# 40. We're Gonna Shine



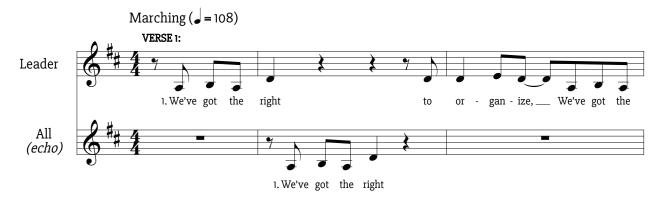






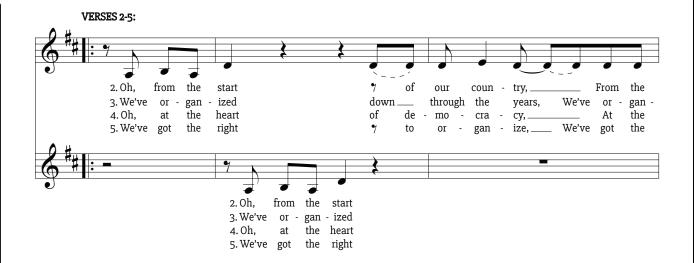
# 41. We've Got the Right

Words & Music by Barb Tilsen Minneapolis, MN | 2017





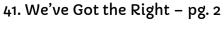


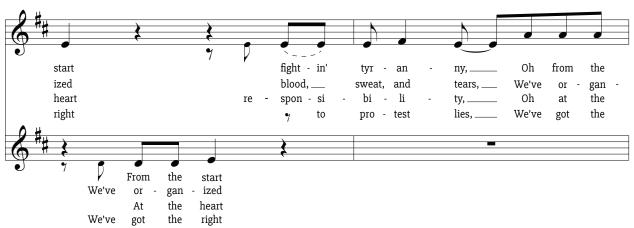


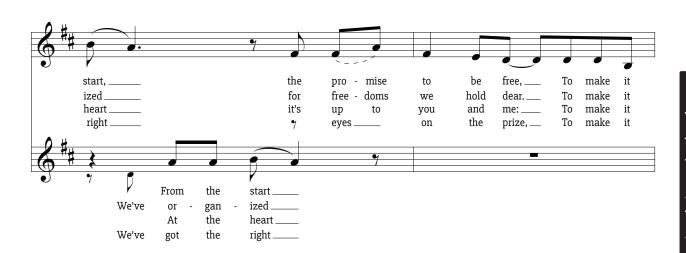














#### Barb writes:

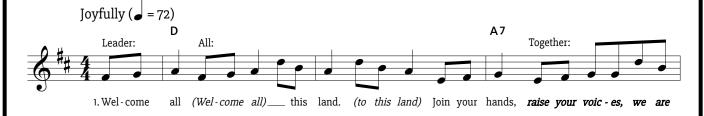
"Democracy is about our right to organize together, and I wrote *"We've Got the Right"* because too often protests for peace and justice are treated as un-American acts of extremists rather than the intrinsic, fundamental right guaranteed us in our constitution."



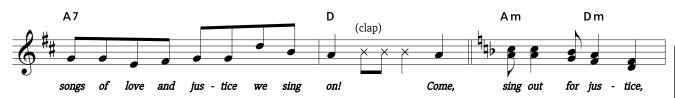


## 42. Welcome All

Words by Jane Ramseyer Miller St. Paul, MN | 2017 Music: *Halesyesan shew helweyn,* trad. Syrian adapt. and arr. Jane Ramseyer Miller









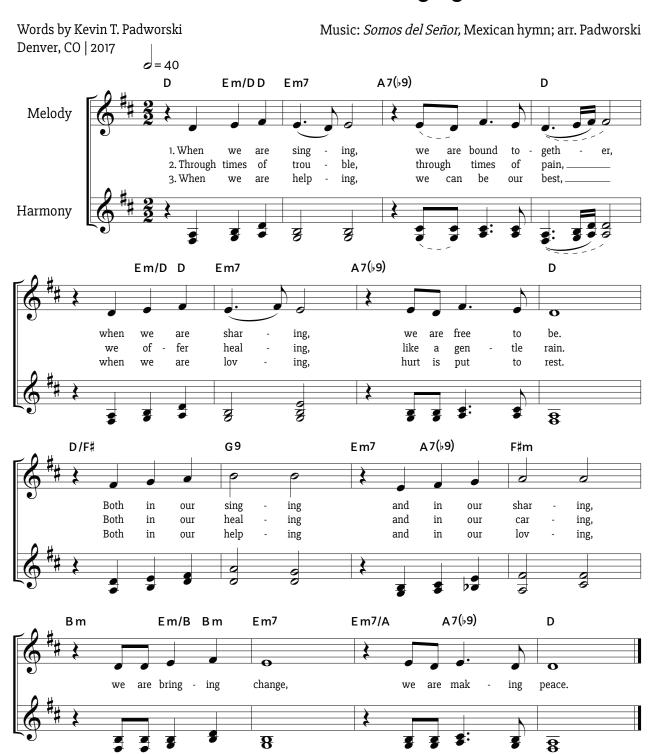
- No more bombs in the air Love all children – everywhere.
- 3. Black and white straight and queer Challenge hate – banish (or "embrace") fear
- 4. Standing proud we march on.
  All together we are strong
- 5. Share your story speak truth Seek the wisdom – of our youth.
- 6. Challenge hate challenge fear Listen fully – lend an ear.
- 7. Love our land care for earth (OR "Embrace love – for Mother Earth) Water joy – foster mith!

...OR CREATE YOUR OWN VERSES!





# 43. When We Are Singing



Kevin writes: "I wrote this text and arranged the song with the hope that through the practice of singing together, even those with seemingly unsurpassable differences find common ground and community."

This tune appears in numerous hymnals in the United States credited as "Traditional Mexican". However, no one really knows who composed it originally, and the song has no characteristics of Mexican indigenous music. It first made its appearance in the songbook, Celebremos II in 1983, transcribed from an interview with a Mexican woman in Los Angeles following a worship service. It may have been written some time in the 1960s. - Ahmed Anzaldua, co-editor



